



# DEAR PARENTS



## JUNIORS 2020-21

## WEEK 1



# Learn with Play at Home

Fun activities and ideas for kids.  
With handy tips on how to promote learning through play.

# PLAY-BASED LEARNING AT HOME



## Monday

### Fold and count

Let your child help you with folding of small clothes. Encourage to count, as child folds the clothes.

## Tuesday

### Washing Fruits and Vegetables

Fill a tub with water and soak fruits and vegetables for about five minutes, rinse and pat dry. Ask the child to name and recall the taste of the fruits and vegetables.

## Wednesday

### Filling the ice tray

Ask child to pour different fruit juices into an ice tray. Place it back in the freezer and enjoy the flavoured and coloured ice cubes.

## Thursday

### Vegetable stamping with leftovers

You will need okra (bhindi /lady's finger), some paint and paper. Cut okra. Ask your child to dip it in paint and press the okra on the paper to make prints. Try it with any other vegetables available at home. Please use top and bottom part of the vegetables or leftover bits.

## Friday

### Minute to win it

Place a yoga mat on the floor and let everyone take a turn to unroll and roll it back in a minute. Keep the score and find the winner!

Make sure you click the weekly links to be taken to the activity page.  
(CTRL + TITLE)



**Monday**

[Laundry Day- Story time](#)

**Tuesday**

[Fruit and Veggies Unite](#)

**Wednesday**

[When grandma gives you a lemon tree - Story time](#)

**Thursday**

[D.I.Y. Thread and button spinner](#)

**Friday**

[Exercise time](#)

Engage your child in the planning of each activity.

Watch the video links together and brainstorm ideas.

Encourage the use of oral language – talk to them about what they are doing and ask plenty of questions.  
And most importantly – HAVE FUN!

